

## Reflections

Thursday, April 16, 2020

### Amazing News from Lithuania

Hello, Carol.

The first [*translated version of free meditation--Health and Wellbeing*] was a blast! Almost a 1000 people joined for it live on Sunday, April 12. I couldn't believe my own eyes! And, more than 4,400 have seen it by now!

<https://www.youtube.com/watch?v=InyCYwfwRSQ>

<https://archive.org/details/tmi-meditation-health-and-wellbeing>

Thank you so much for this gift!

Kind regards,

Maya Grey

Note: Bob Holbrook has produced this same recording in Spanish and Italian, too!

### Trainer meeting

Cheryl hosted a meeting over Zoom with all our residential trainers. It was wonderful to see all their smiling faces. They were truly curious about what has happened with Monroe since we began our "pause." The list is long and inventive. As we were wrapping up our meeting, more than one trainer wanted Cheryl and me to pass along messages of good will to everyone at Monroe. "You're doing great work!" "So many cool things are happening." "You're really getting it out there!" on and on. Congratulations everyone. This group is really paying attention. They are so appreciative of all the extra effort you all have contributed to Monroe while we are in this weird time of virus.

### Drive by sighting

I had to run errands today. First time out of the house in two weeks. Couldn't help it. I had to drive by Monroe and see if anything was new. As I entered the parking lot, the construction crew was up on the "crane" to put new siding in place on the tower. I talked with Duane, the owner, and he said that the tower was missing so much flashing that he had to do some serious work to replace rotted boards. The new rubber roof is installed on the flat portion of NPC. With the crazy storms over the weekend, not a drop leaked through. Finally...a roof that works.

### A special gift from Brian Dailey

